to start

light myoga mezze	35
home baked bread selection with hanepoot jam, olive balsamic tapanade and pate selection	
east west pastries duck spring roll with hoisin sauce - spanakopita with tzatzikki - punjabi curried potato samoosa with homemade chutney	60
soups, salads smoked salmon salad, feta, honey mustard	75
gorgonzola salad, pear, walnut, rocket	55
green curry mussel chowder, thai coconut, lime, truffled sweet corn roast pepper salsa	75
lamb and lentil soup, flecked shoulder, barley, black lentil, split pea	60
mushroom vichyssoise, potato, leek, smoked teriyaki snoek (optional)	55
open sandwiches - served on ciabatta or health loaf with frie prego beef strips, avocado	es 65
BBQ chicken breast, harissa mayonaisse	55
brie melt, cranberry compote, rocket	50
mains	
calamari noodle, sautéed squid, crispy tentacles, angel noodles, mild chilli, coconut	95
catch of the day - changes daily, always fresh	105
caramelized sirloin, ciabatta, rocket, parmesan, red onion marmalade	95
slow roasted pork, winter beans, apple, sweet potato mash, peanut and mushroom soy	95
chicken pie, puff pastry, mushrooms, side salad	75
prawn curry, basmati rice, sambals, poppadums	95
myoga house curry, basmati rice, sambals, poppadums	85

sweets

ice creams and sorbettos	35
knob creek sticky date pudding, vanilla pecan nut fudge ice cream	45
duo of chocolate, double chocolate pannacotta, bittersweet fondant	55
savoury gorgonzola cheesecake, pear granita, pickled walnuts and celery	45
south african cheeses - preserves - crackers	65

