Breakfast

Served from 9 am - 11 am

The A.V

Fresh fruit juice, Eggs, Grilled Bacon, Beef Sausages, Cajun Fries, Grilled Tomato topped with Basil Pesto & Mushrooms.

Basket of Toast & Danish Pastry
Tea or Coffee

78

The Health

Greek Yoghurt, Muesli, Fruit Salad, Health Muffin & Cheese, Served with Preserves 65

The Salmon

Warm Griddle Cake

Topped with Smoked Salmon Trout, Marinated Onion Rings, Capers, Cream Cheese and Caviar 68

The Med

Spanakopita's, Basil pesto, Dolmades, fresh Tomato, grilled Aubergines, Mushrooms, Cream Cheese & Hummus Served with warm toasted Pita

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Wine Suggestion for all breakfasts: Methode Cap Classique Brut Non-Vintage

Please note; service fee of 10% is added on to tables of 8 or more.

Salads

Crunchy Quinoa with roasted Butternut, Tofu, toasted Cashew Nuts & crispy Rice Noodles splashed with a

Ginger, Soya & Honey Dressing

Wine Suggestion: Luna De Miel Chardonnay Reserve

Citrus infused Calamari & Chorizo salad

with Potato match sticks

68

Wine Suggestion: Vintner's White

Greek salad topped with strips of grilled Chicken Breast

65

Wine Suggestion: Sauvignon Blanc

Tossed Spinach, poached Pear. Bacon & Walnut Salad

68

Wine Suggestion: Vintner's Blend

Starters

Soup of the Day

Ask Your Waiter about Our Freshly Made Soup
40

Thai infused Mussels

With lemon, chilli in a cream sauce

Wine Suggestion: Luna De Miel Chardonnay Reserve

Artichoke, sun dried Tomato & Emmenthal Crepe with

Béchamel sauce and a pesto drizzle

55

Wine Suggestion: Sarabande or Sauvignon Blanc

Beef Carpaccio

Topped with Anchovy, Capers, Pecorino shavings and Salsa Verde

Wine Suggestion: Cabernet Franc

Sautéed Chicken Livers

In a Red Thai Curry and Coconut Cream on Grilled Bruschetta 55

Wine Suggestion: Vintner's red

Pan fried Duck Liver

With fresh Sage, Date & Honey drizzle and caramelised Beetroot 50

Wine Suggestion: Minelli Pinot Noir Reserve

Avontuur Salmon and Avocado Roses

Filled with prawns and a wasabi drizzle, Soya sauce and pickled

Ginger

64

Wine Suggestion: Sauvignon Blanc

Quiche of the Day

Homemade Poppy Seed & Whole Meal Pastry, filled with the freshest ingredients in a creamy, savoury custard

65

Wine suggestion: Cabernet Merlot

The Oratorio Platter

Smoked Salmon Trout, marinated Onion rings, grilled Prawns, Horseradish cream, Potato salad, Greek Coleslaw salad, mixed oven

roasted vegetables

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Wine Suggestion: Methode Cap Classique Brut N/V

The Var Platter

Italian Salami, Kudu Carpaccio, Pate, glazed Gammon,

wedge of cheese, pickles and Potato salad

85

Wine Suggestion: Dominion Royale Shiraz Reserve

Side salad

A selection of Saladlings

27

Table Salad - 4

Greek Green

58 50

Main Meals

All main meals are accompanied by seasonal, oven roasted vegetables and Cajun fries

Norwegian Salmon served with a Dill cream & Cucumber

diamonds 125

Wine Suggestion: Sarabande Sauvignon Blanc Reserve

Linefish of the day, when available

Served with grilled Lemon, Capers and a fresh Herb Butter 115

Wine Suggestion: Sarabande or Vintner's White

Ricotta, Tomato Fondue, & baby Pea Spaghetti

Topped with a Sprinkle of Garlic, Parmesan, Parsley, & Lemon Crumbs 70

Wine Suggestion: Sauvignon Blanc

Chicken fillet stuffed with Taleggio cheese & topped with a

Thyme and Parsley Crust & served with spiced Butternut cream

Wine Suggestion: Methode Cap Classique Brut N/V

Pork Fillet

with a Shitake Mushroom & Masala wine sauce

95

Wine Suggestion: Vintners Blend

Roast Duckling

In a pool of tangy Orange and Van Der Hum Sauce 130

Wine Suggestion: Luna De Miel Chardonnay Reserve

Lamb Chops

With a Port & Cranberry Sauce and an Onion Soubise 125

Wine Suggestion: Minelli Pinot Noir Reserve

Fillet of Beef

With The Chef's Choice of Sauce

Wine Suggestion: Baccarat

Afterthoughts

Deep Fried Ice Cream

Served with a rich Butterscotch splash 45

Warm Blueberry Streusel 'Cake'

Served with a Lemon Mascarpone 50

Crème Brulee

With an Almond Tuille cigar 49

Crisp Brandy Snap Basket

Filled with Scoops of Vanilla Ice Cream & a White Chocolate Fudge Sauce 45

Old fashioned Bread and Butter pudding

Served hot or cold with Cinnamon cream or Vanilla ice Cream 50

Bake of the Day

Gluten free and delicious!
With Greek Yoghurt
50

Affrogato -

Shot of brandy, Espresso with Ice Cream and an Almond Tuille 58

Chocolate Gulpers

Three Dark chocolate shots each filled with different Liquor; Brandy, Amarula and Kahlua 55

Cheese Platter

Selection of local cheeses and preserves served with biscuits 78

Pears poached in Vanilla

Served with Gorgonzola and biscuits
70

Please note: service fee of 10% is added on to tables of 8 or more.

Beverages

Filter Coffee		14
Refill		7
Decaffeinated Coffee		15
Single Espresso		13
Double Espresso		16
Cappuccino		18
Decaffeinated	18	
Café Latté	20	
Orange Juice	12	
Appletizer /Re	17	
Coke/ Coke Light/Coke Zero		15
Fanta Orange/ Fanta Grape		15
BOS Iced tea		17
Mineral Water Small		17
Mineral Water Large		26
Brandy's, Dom	n Pedro's and Dessert Coffees:	
Speciality coff	fees;	
Irish coffee	(Jameson's)	38
Dom Pedro	(Kahlua, Jameson's)	38
Estate Brandy	55	

White Wines

Glass Bottle

Avontuur Methode Cap Classique Brut Non-Vintage

139

Aromas of ripe apple, pear and spicy gingerbread with a creamy mouth feel. Dry finish.

Sauvignon Blanc 2013

28

78

Passion fruit and prickly pear on the nose. Well balanced and crisp.

Vintners Blend 2012/2013

27

72

Dry blush from Chardonnay and Pinot noir grapes. Refreshing and light.

Vintners White 2012/2013

24

70

Vibrantly fruity & fresh Sauvignon Blanc and Chardonnay blend.

Chardonnay reserve- 'Luna De Miel' 2010

46

138

131

Toasty oak dominates with a ripe fruit profile.

Sauvignon Blanc Reserve - 'Sarabande' 2010 35

Rich minerality, fresh and dry, gaining complexity with time.

Red Wines

	Glass	Bottle		
Vintner's Red	26	82		
A winning blend of Cabernet Sauvignon and Shiraz with ripe and spicy				
undertones				
Cabernet -Merlot 2011	30	103		
Classic Bordeaux-style blend with typical Helderberg Cabernet dominating with				
red plums and sweet French oak notes on the nose.				
Pinotage- 2008	28	99		
Soft and elegant SA original, overlaid with integrated oak				
Pinot Noir Reserve - 'Minelli' 2009	47	178		
Soft tannins and unobtrusive wood treatment. Delicate cherry and raspberry on				
the nose				
Shiraz Reserve- 'Dominion Royale' 2009	47	161		
Multi award-winning wine. Brooding, dark power with satin tannins. Substantial				
body.				
Cabernet Sauvignon 2009	36	129		
Full-bodied with firm tannins.				
Cabernet Franc 2009	38	131		
Top-rated, varietal expression. Steely layered fruit/fynbos aroma's.				
'Baccarat' - 2008	66	228		
Bordeaux style blend of Cabernet Franc, Cabernet Sauvignon and Merlot.				
Avontuur's flagship red.				