

Wines

The secret's in the Balance!

BALANCE BEST BLEND

Pinot Gris Sauvignon Blanc R 32
Irresistible flavours of zesty citrus, green apple and ripe peach - all complemented by fresh minerality that lingers on the aftertaste.

Sauvignon Blanc Semillon R 32
The vibrant bouquet combines rich ripe peach and juicy pineapple with hints of asparagus. Crisp acidity contributes to the attraction.

Chenin Blanc Colombar R 32
Lush tropical aromas lead to fresh flavours of passion fruit and guava. Crisp acidity enlivens the lingering aftertaste.

Shiraz Rosé R 32
Charming whiffs of raspberry and prune on the nose are followed by generous fruit on the flavourful palate.

Muscat d' Alexandrie R 32
A well-balanced semi-sweet wine with vibrant aromas and flavours of rose petal and ripe fruit.

Cabernet Sauvignon Merlot R 32
Velvety smooth in texture with generous ripe berry and walnut flavours and an elegant hint of oak.

Pinotage Shiraz R 32
The nose beckons with ripe fruit, spice and dark chocolate. The intensity of the fruit is carried through to the palate and enhanced by juicy tannins and hints of vanilla.

Shiraz Merlot R 32
Intense red hues, smooth and well balanced wine with luscious strawberry and plum flavours with a touch of oak.

BALANCE WINEMAKER'S SELECTION

Sauvignon Blanc R 47
A crisp, clean wine with appealing aromas and flavours of gooseberry and cut grass.

Chenin Blanc R 47
Medium-bodied, with an abundance of melon and honey blossom and a hint of oak.

Chardonnay R 47
An exceptional Chardonnay with a complex bouquet of citrus and oak. Fresh acidity adds to the attraction.

Merlot R 47
An elegant wine with aromas and flavours of black cherry and currant supported by piquant spice.

Shiraz R 47
The nose tempts with rich berry fruit and a hint of spice. On the palate a meaty, green olive edge enhances the fruit flavours.

Pinotage R 47
Rich, ripe plum flavours combine with a hint of smokiness. A well-balanced wine with supple tannins.

Cabernet Sauvignon R 47
A full bodied wine with intoxicating flavours of blackberries, cherries and nuts with nuances of dark chocolate ending in velvety tannins.

BALANCE BUDDY

Buddy Rosé R 30
A lively sweet wine with delightful hints of strawberry.

Buddy White R 30
A refreshing natural sweet wine. Enchanting aromas and flavours of guava and granadilla lead to a crisp finish.

Buddy Red R 30
A robust sweet wine packed with succulent flavours of blackberry and cherry

BALANCE BUBBLY

Boldly Brut R 47
A lively, drier style bubbly with lingering flavours of tropical fruit.

Lusciously Fruity R 47
A semi-sweet wine rewarding with a vibrant bouquet of rose petal and sun-ripe fruit.

Sweet Temptation R 47
An attractive salmon pink wine. The sweet fruit flavours of raspberry, cherry and strawberry are enlivened by bright acidity.

SOULO

Sauvignon Blanc R 60
Abundantly flavourful with benchmark characteristics of gooseberry, green fig and asparagus and an undertone of passion fruit.

NEW!

HAVEN POINT



Pinot Gris R 50
Enticing aromas of rose petal lead to a feast of fruit flavours: pear, fig, apricot, citrus and tangerine. A medium-bodied wine with a delightfully fresh, lingering aftertaste.

White Shiraz (Viognier Shiraz) R 50
Fragrant white pear and red berry aromas mingle with a lovely spiciness. These follow through on the smooth palate where the fruit flavours are complemented by fresh acidity.

Shiraz R 60
Luscious flavours of blackberry and plum are layered with sumptuous dark chocolate. Subtle oak spice contributes elegance and finesse.



WINES FROM WALKER BAY

Creation Sauvignon Blanc R 120
Superbly balanced with aromas and flavours of tropical fruit, elegant elderflower and refreshing minerality. Well-integrated acidity adds to the allure.

Creation Chardonnay R 150
Glorious layers of sun-kissed pear and peach are enhanced by fresh minerality and a hint of piquant vanilla.

Creation Syrah Grenache R 200
A well-endowed Rhone-style blend rewarding with intense flavours of ripe plum, black pepper and the smokiness characteristic of Syrah.

Creation Pinot Noir R 200
Intensely fragrant with a mélange of red berries, elegant vanilla and a hint of wood spice. A superbly balanced wine with a lingering aftertaste.



BalanceBistro

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BREAKFAST

CHEESE MUFFIN BREAKFAST	R 45
Cheese muffin topped with bacon, cream cheese and egg served with tomato and mustard sauce	
SALMON TROUT CROISSANT	R 55
Croissant stuffed with salmon trout and scrambled egg and rocket	
OPEN CIABATTA BREAKFAST ROLL	R 45
Toasted ciabatta topped with crispy lettuce, ham, cheese and two fried eggs	

LUNCH * Salad can be added to all wraps and burgers for an additional R10

TOPLESS PEPPER SAUCE BURGER	R 75
Toasted ciabatta roll topped with a 200g homemade beef patty drizzled with a creamy pepper sauce served with crispy potato wedges and a mayonnaise dip	
MARMALADE AND CREAM CHEESE BURGER	R 75
Toasted ciabatta roll with a 200g homemade beef patty topped with marmalade and cream cheese served with crispy potato wedges and mayonnaise dip	
CRISPY CHICKEN WRAP	R 65
Wrap filled with crispy chicken breast, peppers, pineapple, cream cheese and sweet chilli sauce served with crispy potato wedges and mayonnaise dip	
CHICKEN SCHNITZEL SALAD	R 55
Chicken schnitzel strips, cucumber, pickled onions, feta sprinkled with bacon pieces on fresh lettuce served with a greek yoghurt dressing	
GREEK SALAD	R 45
Feta, olives, tomato and cucumber served on fresh lettuce	
CHIPS	
Regular	R 25
Large (table)	R 35

DESSERT

CHEESECAKE -Baked cheesecake covered with white lint chocolate ganache	R 35
CHOCOLATE ICE CREAM -Three scoops of decadent chocolate ice cream drizzled with a hot chocolate sauce	R 30

KIDDIES (12 YEARS AND YOUNGER)

HAM AND CHEESE TOASTED SANDWICH & CHIPS	R 30
CHEESE TOASTED SANDWICH & CHIPS	R 25
CHICKEN BURGER & CHIPS	R 45
CHEESE BEEF BURGER & CHIPS	R 45
ICE CREAM AND CARAMEL SAUCE	R 25

SUNDAY MENU PLEASE SEE BLACKBOARD

Subject to availability.

All meals are freshly prepared. Therefore the waiting time might be longer and sometimes your first choice might not be available.



OUR CHEF:
PJ Lombard

On life's eternal see-saw, the art of staying on top requires a fine balancing act. That's why it's so good to know that whatever the ups and downs, there's always BALANCE to help restore your happy equilibrium!



FOOD & WINE PAIRING*



R 75 pp

Smoked salmon on potato rosti with cream cheese and fresh gooseberries. Paired with Balance Winemaker's Selection Sauvignon Blanc.

Grilled beef fillet drizzled with red wine reduction and passion fruit sauce on freshly picked rocket. Paired with Balance Winemaker's Selection Merlot.

Set chocolate pudding with raspberries and fig. Paired with Balance Sweet Temptation Sparkling wine.

*BOOKING ESSENTIAL, MINIMUM TWO PEOPLE

REFRESHMENTS

HOT DRINKS

Coffee/Esspresso	R 16
Cappuccino	R 18
Tea (Rooibos, English, Earl Grey)	R 12
Milo/Hot Chocolate	R 18

COLD DRINKS

Milkshake*	R 25
Kiddies Milkshake*	R 20
Coldrink Float	R 20
Coke/Coke Light/Soda Water	200ml R 10
Coke/Coke Light, Fanta Orange, Creme Soda, Tab, Sprite Zero	330ml R 10
Ice Tea (Lemon/Peach)	330ml R 12
Minute Maid (Orange/Breakfast Blend)	R 12
Appetizer/Grappetizer	330ml R 18
Still Water	500ml R 10
Sparkling Water	500ml R 10

*Not available on Sundays

WINE PER GLASS

Balance White (Chenin Blanc Colombar)	R 15
Balance Red (Cabernet Sauvignon Merlot)	R 15
Soulo Red Muscadell	R 15

BRANDY

Oude Molen 100 Reserve (per tot)	R 15
Solera Grand Reserve (per tot)	R 25
VOV Vintage Selection (per tot)	R 30

SAGGY STONE DRAUGHT

R 20

WE ALSO OFFER

Wedding Cakes • Birthday Cakes • Cupcakes • Private Functions
Special Events • Kids Parties with Jumping Castle
Cooking Demonstrations

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LINK TO OUR WEBSITE