



WINE AND OLIVE ESTATE

BLUEBERRY OLIVE OIL MUFFINS

RECIPE 13/98

What you will need:

1 1/2 cups self-rising flour

3/4 cup granulated sugar

1 teaspoon ground cinnamon

1 egg

1/2 cup buttermilk

1/3 cup **Morgenster Extra Virgin Olive Oil**

1 1/4 cups blueberries

How to prepare:

Preheat the oven to 180 degrees.

Line 9 muffin cups with paper liners.

Stir together the flour, granulated sugar, and cinnamon in a large bowl.

In a medium bowl, beat together the egg, buttermilk, and olive oil.

Stir the wet mixture into the dry mixture with a rubber spatula until a batter forms.



Gently stir in the berries.

Scoop the batter into the muffin cups.

Bake for 25 minutes, until golden.

Let cool.



FLOS
OLEI
2014

MORGENSTER
EXTRA VIRGIN OLIVE OIL
AWARDED 98%
1 OF 11 WORLDWIDE