



MORGENSTER

FOUNDED 1711



WINE AND OLIVE ESTATE

BLACK OLIVE SPREAD

RECIPE 30/98

What you will need:

100gms Morgenster Black Olive Paste

1 clove garlic, crushed

300 grams tinned tuna

Pinch of Pepper

1 tbsp capers, chopped

Morgenster Extra Virgin Olive Oil

How to prepare:

Mix the tuna, olive paste, capers and crushed garlic until a paste is obtained, one can place the mixture in a blender to obtain a smooth paste. Place paste in a bowl, add pepper and olive oil to taste and mix with a wooden spoon.

Serve the spread on toast/crackers as an appetizer, add it to fresh pasta or serve with roast pork or white fish



MORGENSTER
EXTRA VIRGIN OLIVE OIL
AWARDED 98%

Wine pairing suggestion:

Henry Kotze, Morgenster Wine Maker suggests pairing our Lourens River Valley 2001 with this Morgenster Recipe.