

WINE AND OLIVE ESTATE

BASIL CHICKEN POT PIES

RECIPE 25/98

What you will need:

- 1 cooked chicken, meat picked off the bone, skin and all, shredded
- 3 cups spring vegetable ragout * (recipe below)
- 1/4 cup basil oil *
- 4 small crock pots
- 4 puff pastry sheets

Spring Vegetable Mushroom Ragout:

- 2 tbsp butter
- 5 minced shallots
- 2 tbsp minced garlic
- 1 cup sliced shitakes
- 2 cups quartered button mushrooms
- 1 cup white wine
- 1 cup chicken stock
- 1 tbsp dark soy sauce
- ½ tbsp chopped fresh thyme
- 1 cup shucked English peas, blanched
- 1 cup shucked green soy beans, blanched



1 cup shucked broad beans, blanched

1 cup diced, peeled carrots, blanched

1 cup sugar snap peas, cut into strips and blanched

1 tbsp Morgenster White Truffle Oil

Salt and black pepper

1/4 cup chopped chives

Basil Oil:

3 cloves garlic

1 tbsp minced garlic

2 limes, juiced

½ tbsp salt

tbsp sugar

1 cup Morgenster Extra Virgin Olive Oil

2 cups basil leaves

Salt and black pepper

How to prepare:

In a large heated saucepan, add 2 tbsp butter and sauté shallots and garlic until fragrant (about 3 minutes). Add mushrooms and sauté. Season. Drizzle with white wine and reduce by 50%. Add chicken stock, soy and thyme. Bring to a simmer, add peas, soy beans, broad beans and snap peas. Add the truffle oil and season. Check for seasoning. Bring back to temperature. Just before serving, add the chives.

In a blender, puree garlic, lime juice, salt, sugar and oil until smooth. Do not overmix (this causes heating). Add the basil and puree until smooth. Check for seasoning

In a medium bowl, mix the shredded chicken, ragout and basil oil. Check for seasoning. Fill the crock pots and place the puff pastry on top, lightly. Bake in a preheated 180C oven for 25 minutes, or until crust is dark brown.

Serve as soon as possible.

