



High Fat/Low Carb Menu

Breakfast

09h00 - 11h30

Bacon and Egg and Mushroom : Two eggs cooked to order, accompanied by bacon and herbed mushrooms - *R39*

High Fat Omelette : Three egg omelette filled with crispy bacon, tomato concasse, herbed mushrooms and cheddar cheese - *R62*

Lunch & Dinner

12h00 - Closing

Chicken Livers : Pan fried chicken livers and mushrooms, cooked in a creamy garlic sauce - *R45*

300g Rump and Veg : Succulent 300g rump cooked to order, served with a side of vegetables - *R149*

Chicken and Bacon Roulade : Chicken fillet stuffed with feta and dates, wrapped in bacon and drizzled with our secret Ke-Monate sauce. Served with a fresh garden salad - *R95*

Dessert

12h00 - Closing

Chocolate Mousse : Light and creamy chocolate mousse - *R30*

Fruit Salad and Berry Compote : Fresh fruit salad drizzled with berry compote. Served with cream - *R30*

