

BALSAMIC CHERRIES AND RICOTTA

RECIPE 84/98

What you will need:

500g cherries; cleaned, halved, and pitted
Ricotta cheese, about ½cup per person +/- to taste
½cup balsamic vinegar
½cup dark brown sugar
1 table spoon mint; either whole leaf or finely chopped (plus a sprig for garnish if desired)
a pinch of salt

How to prepare:

Clean, halve, and pit cherries, set aside.

The mint can be kept whole or chopped finely.

Mint-Balsamic Sauce:

In a sauce pan, add the balsamic vinegar, dark brown sugar, mint, and salt.

Over a medium high heat, stirring or whisking constantly, reduce the vinegar to a syrup.

Reduce for 5 minutes for thinner syrup to about 10 minutes for a thicker syrup, the longer it is reduced, the thicker it will be. If the leaf was used whole, it should be removed once sauce complete.

In a bowl, add the ricotta cheese and cherries, drizzle several teaspoons of the reduction over the top.

