

WINE AND OLIVE ESTATE

RECIPE

Caprese Chicken Pasta

YIELD: Serves 4

TOTAL TIME: 30 minutes

Ingredients:

- 1 cup of whole grain pasta, any shape you like
- 3 tablespoons **Morgenser Extra Virgin** olive oil, divided, plus additional for the pasta
- 500g boneless, skinless, chicken breast fillets cut into cubes
- 1/2 teaspoon kosher salt, divided, plus additional for cooking the pasta
- 1/2 teaspoon black pepper, divided
- 4 cups of cherry or grape tomatoes, halved if large
- 3 garlic cloves, minced
- 3 tablespoons Morgenster Balsamic Vinegar
- 2 cups roughly chopped fresh spinach
- 1/4 cup tightly packed fresh basil leaves, sliced into thin strips
- 120g mozzarella cheese, cut into cubes

Directions:

- 1. Bring a large pot of salted water to a boil. Cook pasta until al dente according to package instructions. Reserve about 1/2 cup of the pasta cooking liquid, then drain the pasta. Toss the pasta with a bit of olive oil to prevent sticking and set aside.
- 2. Meanwhile, heat 2 tablespoons of the olive oil over high in a large, deep skillet. Add the chicken, 1/4 teaspoon salt and 1/4 teaspoon black pepper. Cook until the chicken is no longer pink in the center, about 3 minutes per side. Remove to a plate, then carefully wipe the pan with a paper towel, being careful not to burn your fingers.



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- 3. Reduce the heat to medium and add the remaining 1 tablespoon olive oil. Add the tomatoes, garlic, and remaining 1/4 teaspoon salt and 1/4 teaspoon black pepper. Let cook 1 minute, then reduce the heat to low and cook for 5 to 7 minutes more, stirring occasionally, until the tomatoes begin to soften and wrinkle. Add the balsamic vinegar and cook 30 seconds.
- 4. To the skillet, add the drained pasta, reserved chicken, and spinach and let cook just until the spinach begins to wilt. If the pasta seems too dry, add a bit of the reserved pasta water. Remove from heat and stir in the basil and mozzarella. Serve immediately.