

WINE AND OLIVE ESTATE

CAPRESE TART WITH ROASTED TOMATOES

RECIPE

Ingredients

For the roasted tomatoes

- 10 tomatoes, sliced into 1cm slices
- 2 tablespoons Morgenster extra virgin olive oil
- 5 sprigs fresh thyme
- sea salt flakes
- pinch of sugar
- black pepper

For the tart

- 1 roll, ready-made puff pastry, defrosted
- 200g buffalo mozzarella/fior di latte, sliced into ½ cm slices
- 1 egg, beaten
- fresh basil leaves

Instructions

- 1. Pre-heat the oven to 200°c.
- 2. Place the sliced tomatoes on a non-stick baking tray and drizzle with the olive oil. Add the thyme, salt, sugar and salt and place in the oven.
- 3. Allow to roast for 20 minutes or until the tomatoes are soft and are caramelising around the edges.
- 4. Remove from the oven and allow to cool slightly. Turn the oven down to 180°c.
- 5. To make the tart, roll the pastry out a little thinner and place on a baking paper-lined baking sheet. Score around the edges to make a border, ensuring you don't cut through the pastry.
- 6. Place the tomatoes and mozzarella on the pastry, alternating between the two.
- 7. Brush the edges of the pastry with the beaten egg.
- 8. Drizzle a little olive oil over the tomatoes and mozzarella and season with salt & pepper.
- 9. Place in the oven and allow to bake for 15-20 minutes until the pastry is crisp and golden.
- 10. Remove from the oven and top with the fresh basil leaves. Serve immediately.